

The Garden Club of Hyannis Club Clippings



March 2022

Co-Presidents:

Sally Cameron and Cheryl Baer

Editor: Nancy Wong

Presidents Message:

Every cold and dark phase ends and hence begins a beautiful phase of warmth and vibrance. Don't believe? Just notice March.

– Anamika Mishra

I admit to feeling glum and out of sorts right now as I am so troubled by what's going on in the world. Yes, while there but for the grace of God goes I, but it is still so defeating to watch the awfulness in social media and the news and in the struggles of people I love. But it helps that there is kindness and opportunity all around. Just in our club, it's been so uplifting to see others moving forward, step by step, from Nancy Wong conquering her computer problems to get these Club Clippings out to Nancy Costa launching in-person workshops for design to Lynette Helms and Cheryl Baer following through on the huge response to gifts in honor of Betty Katchpole. (\$2600 so far! With such nice notes accompanying checks – recognizing her joy in flowers and in her association with our club.) And the fabulous offerings of our Outing committee led by Nancy Bailey and Angela Lipinski – make sure you check out the fun events ahead. We are emerging from a cold, separate place into the brilliance of spring together.

And we will meet in person for the first time since October for a great presentation on Landscape Design. Bring your lunch at 11:30 if you wish for socializing and fellowship – masks are optional. Our business meeting begins at 12:30, followed by our speaker, Wes Wirth.

While these good things lift my spirits, this does not minimize or erase the struggles around us. I hold these things in my heart and do what I can to support conquering the challenges. That, too, lifts my spirits. Join me as we welcome March with our service and care and love for our friends, our families, our world.

With affection for you all.....Sally Cameron

Upcoming Events

March 14 - Underwater Design Workshop

March 24 - Cape Cod Coffee Tour (Register by March 18)



Whether you enjoy your "Cup O'Joe black, with cream, or without, 2 lumps or 1, did you ever wonder how coffee is actually produced? Well, here is your opportunity to learn all about it.

Join us on Thursday, March 24 at a local brewer, Cape Cod Coffee at 11:30 A.M. for a tour of their coffee production and process. This will be followed by a tasting of their products. A short question and answer time will follow. Then members will be invited to purchase a delicious lunch.

One lucky person will win a gift!!!

Time: 11:30 A.M.

When: Thursday, March 24.

Location: Cape Cod Coffee, 10 Evergreen Circle (Route 130), Mashpee

Cost: Free. In addition, each person attending will be given a \$10 gift card to spend on lunch, or in the store. A variety of coffee is offered for sale.

Note: Dress warmly. It can be cool in the production area.

This event is limited to **20 people**. If you wish to go, please send an email to Nancy Bailey at nbailey@capccod.net, or to Angela Lipinski at Angele8825@gmail.com by Friday, March 18.



CONSERVATION – Sally Churchill and Nancy Beless

NATIVE PLANT CHALLENGE

Don't forget to add photos and descriptions of the native plants you add to your gardens this spring to our ongoing project. Also please resubmit your photos from the last year and a half. We apologize again for that inconvenience. All photos are to go to our new member ELENA AHLIN, who has graciously offered to keep the photo file. Her email address is elenaahlin@gmail.com

ORGANIC PRODUCTS FOR SPRING GARDENS

FERTILIZERS

Organic Plant Tone, Garden Tone, Holly Tone, Rose Tone
Jobes Organics All Purpose Fertilizer
Burbee Organic Bone Meal
Neptune Harvest Organic Fish Fertilizer

SOIL AMENDMENTS

In addition to bagged manures such as MooDoo any of the following are good amendments to our gardens:

Spagnum Peat
Wood Chips
Grass Clippings
Straw
Kitchen Compost
Sawdust
Wood Ash

INSECT SPRAYS

Safer Insect Soap
Pyganic
Azaguard
Sluggo

WEED KILLERS

Burn Out
Avenger Weed Killer
Weed Beater Bonide

ANIMAL REPELLENTS

Rabbit Mace
Yard Gard
Plantskydd
Bonide Repels-All

Reminder: Heritage Gardens needs clear, round , plastic water, soda and drink bottles for making Holiday light decorations. Candi Hurwitz volunteered to collect and deliver the bottles. So gather a bag of empties and bring to mtg. Heritage Gardens thanks you!

How to register for Cape Cod Pollinator Pathways:
<https://www.emailmeform.com/builder/form/1ucL5O6ohay8>



From Irene Lupo: Pink Andromeda has been blooming all winter

The Garden Club of Hyannis is a member of the Southeastern District of Garden Club Federation of
Massachusetts and New England Region National Garden Clubs, Inc.
Website: www.thegardenclubofhyannis.org

FLORAL DESIGN/Nancy Costa

(questions about the workshop, call or email ncosta71@hotmail.com)

Monday, March 14 at W. Barnstable Community Center - the Floral Design Workshops 101 and 201 are open to all Club Members. Please bring your flowers, foliage and/or vines and materials listed below to make an Underwater Creative Design. Set-up begins at 9:00 a.m.. Demo at 9:30 followed by making designs in-person. Ready to dive in and have fun?

9:00 set-up

10:45 clean up

9:30 workshop begins

11:00 – 11:15 ends

Recommend to take the plunge prior to the workshop - **YouTube video** (15 mins.): “**How to Arrange Flowers – create submerged flower arrangements**” J Schwanke. This is a good basic video on centerpieces and home underwater arrangements, but not necessarily CREATIVE UNDERWATER DESIGNS! www.youtube.com/watch?v=B--Y0pzph5A

Bring the following to set-up at 9:00 a.m.:

- **clear glass** cylinder vase and or med./lg **clear glass** vase
- pin holder or kenzan for each container/vase (may make 2 designs/containers)
- 3-5 flowers that have sturdy, thick petals (lily, tulip, amaryllis, gerbera daisy, orchid, rose - good when submerged; and some **vine or foliage** (fern, sanseveria, philodendron leaves, sago). These will hold up better in water than thin delicate flowers.
- floral design tools: scissors, pin holder, decorative wire if desired
- towel for spills
- 1 -2 gallon jugs of water from home or store, pail with spout and watering can
- skewer (to move materials under water)
- CLEAN river rocks or decorative stones
- turkey baster; (Nancy C will bring a siphon for extracting water)

UNDERWATER DESIGN a creative design having some or all plant material and other optional component/s submerged in water. Plant material and other components under water must contribute to the overall design and are selected for their lasting quality.

Handbook for Flower Shows, rev 2017 National Garden Clubs Inc., p79



CREATIVE DESIGN Some characteristics:

- not bound by traditional patterns or styles
- designs with a relationship between form and space
- designs are eclectic; most show restraint in amount of plant material and/or components
- has more than 1 point of emergence and focal area
- uses components in a non-realistic manner
- employs contrasting components
- uses plant materials, non-traditional containers and unconventional man-made objects not normally associated with floral design or art
- allows any part of the design to be dominant, including the container

Handbook for Flower Shows, rev 2017, National Garden Clubs, Inc., p 72

“Today’s Underwater designs **submerge only a part or parts of the arrangement, not the entire design**. There is no rule as to what portion of the design should be out of water and what portion should be submerged; the amounts are dictated only by the design principle of proportion. **Plant material must have hard surface qualities**, or it will quickly become waterlogged – a result which should be avoided at all costs. Some of the tropical, such as anthurium and birds-of-paradise, resist waterlogging very well. More commonly available plant material such as lilies or evergreen foliage whether needled or thickly textured, would also suit. Citrus fruits, such as lemons, limes, and oranges, do well because of their oily, water-repellent rinds. It is wise to experiment with selected plant materials before using them in a design that will require submersion for more than a few hours.

Mechanics may be tricky since they are magnified along with the plant material. A **pin holder or kenzan** firmly attached to the bottom of the container, may work well if plant material is to emerge upward from that point. Select the smallest possible needle holder and make sure the clay adhering to the bottom is not visible. If plant material will extend downward from the mouth of the container, plumbers lead or fisherman’s pencil lead maybe used to secure it. Both materials are very flexible and can be shaped around stems, then bent over the rim of the container for support. These designs need not be made in a single container; some plant material may be submerged in one container and another part of the design placed in another.” Betty Belcher

The Principles of Design are the basic standards used to judge all visual art. Their correct application is necessary for well-executed design. They include:

1. **BALANCE** - Visual balance is needed so objects appear balanced from top to bottom, side to side, or front to back
2. **CONTRAST** - the placement of unlike characteristics of a single element together to emphasize their differences
3. **DOMINANCE** - the emphasis or impact of one component over another, implying subordination
4. **PROPORTION** - the relationship between amount and quantity of one area to another or to the whole
5. **RHYTHM** - the dominant visual movement throughout a design
6. **SCALE** - the size relationship of one object in a design to another

HISTORIAN’S CORNER/Ann Rossee!

Taken from our anniversary booklet: Effects of War 1940- 1945

A Victory garden campaign began. Because of the war, it was decided to conserve and serve tea in a simple manner. This included "Defense Cookies" (without sugar). Because of the gas shortage it was voted to suspend meetings until spring and also voted not to have a flower show. Bridge games and teas were held to raise money, and the club continued with projects for Camp Edwards, nursing homes and the library."



From Marilyn Sharry -- Witch Hazel hamamelis Virginians
This is a Deciduous Pollinator showing features year round.

HOSPITALITY/Frances Hoothay

In addition to the first day of spring March brings to the supermarket shelves Hot Cross Buns (of which I eat too many), and Irish Soda Bread (which I have to buy if only once).

The idea of cooking makes me want to run for the hills, or maybe take a walk on the beach...OK, my secret is out! So as I wait for warmer temperatures to make my escape, let me share an easy recipe for Irish Soda Bread that even I may be tempted to try.

Irish Soda Bread

1 3/4 cups buttermilk
1 large egg (optional)
4 and 1/4 cups all purpose flour
3 tablespoons granulated sugar
1 teaspoon baking soda
1 teaspoon salt
5 tablespoons unsalted cold butter, cubed
1 cup raisins

Preheat oven to 400 degrees

- Whisk buttermilk and egg together
- In a separate bowl whisk flour, sugar, baking soda and salt together. Cut in butter to pea sized crumbs then stir in raisins
- Pour in buttermilk and egg mixture and fold together til stiff
- Place dough onto a floured surface and work dough into a ball then knead for about 30 seconds or til flour is moistened. If too sticky add flour
- Transfer to a pan scoring an X into the top
- Bake 45 minutes or til golden brown
- Cook 10 minutes then transfer to a wire rack

Tips: COLD buttermilk is best and is the key to flavor
The egg adds richness and density but can be skipped for a lighter loaf
The COLDER the butter the less sticky the dough

May every petal on the Shamrock bring you joy and good luck!
HOSPITALITY - Frances Hoothay, Terri Goldstein