

The Garden Club of Hyannis Club Clippings



January 2022

Co-Presidents:

Sally Cameron and Cheryl Baer

Editor: Nancy Wong

Upcoming Events

January 24 - Outings: "Create Garden Rooms"

March 14 - Design 101 and 201 Floral Design Workshop

From the Co-Presidents:

*Bare branches of each tree
on this chilly January morn
look so cold so forlorn.
Gray skies dip ever so low
left from yesterday's dusting of snow.
Yet in the heart of each tree
waiting for each who wait to see
new life as warm sun and breeze will blow,
like magic, unlock springs sap to flow,
buds, new leaves, then blooms will grow."*
– Nelda Hartmann ([January Morn](#))

Welcome to the New Year! We hope all are healthy and avoiding COVID and all other matters of winter maladies. This is a long message, but stay with us as we introduce several things of import for our Club.

As we continue to be flexible to keep each other safe, **our January meeting on January 18 will be entirely on Zoom** starting with a business meeting at 11:30 am followed by a great speaker, Andrew Gottlieb of the Association to Preserve Cape Cod. You may have seen his column recently in the Cape Cod Times, calling on Governor Baker to use his hammer to kill the machine gun range on Cape Cod. Mr. Gottlieb is a longtime advocate and champion of our lovely home, and you will find his talk provocative.

Also in January, we will discuss a by-law amendment passed by the Executive Board for your consideration and approval. Later in Clippings, please see the proposal by Membership Co-chair Deborah Benassi to amend this by-law regarding the number of meetings someone must attend to be considered for membership.

We also have a change for our February meeting. We had planned a joint meeting with the Osterville Garden Club, but because of that dratted COVID we will postpone the joint meeting to fall. **But we will still meet in February, on Zoom, on our regular day, February 15, at 11:30 am.** We have important issues to discuss regarding a future Showcase.

The Club Standing Rules state that the membership decide by the March membership meeting whether to stage another Showcase. You will receive a survey soon to solicit your input regarding this subject. Please fill it out and send it in! At the February meeting, we will discuss the data and give you a chance to weigh in. You'll hear more later.

But in the meantime, stay warm, stay safe, and pour over those seed catalogs. Spring is coming.

So much emphasis on January first. There are three hundred and sixty-four other days in the year that you can make a change.

– Elizabeth Eulberg

Please note: The Standing Rules in this year's Yearbook were not updated before printing. A copy of the revised Standing Rules was sent in an email on January 10 to members. If you need a copy of the revised Standing Rules, please contact Sally Cameron.

All members--please let Cheryl or Sally know if you are in need of any assistance ie transportation, shopping help etc. during this crazy time!

OUTINGS—Nancy Bailey and Angela Lipinski

On **January 24th**, the Outing Committee will be sending a link to all club members about how to **Create Garden Rooms**. A quiz for any who choose to participate will be attached as well. The first person who gets the most correct answers will be the winner. **The deadline for responses is 5pm on January 25th.** A prize will be awarded! Enjoy the presentation!

HISTORIAN –Ann Rosseel and Nancy Wong

Long before the library was incorporated in 1902, there had been a Hyannis Literary Association founded by some of the "intellectual ladies" of the village. To be exact, there were 14 in the original group. That was in 1865. The building originally for the library was the Captain Hallett House and then in about 1939, a new wing was added to the library and it was called the Eagleston wing.

The Garden Club of Hyannis is a member of the Southeastern District of Garden Club Federation of Massachusetts and New England Region National Garden Clubs, Inc.

Website: www.thegardenclubofhyannis.org

Members: You will be asked to vote on the motion below at the January 18th membership meeting

Proposal for Membership Vote

I move that the By-Law Article III, 2c. "Active Membership" be amended to reduce the current requirement that guests attend two (2) regular meetings before application for active membership.

***Article III, 2c. "After attending two (2) regular meetings as a guest, application for active membership shall be made" is hereby amended to read as follows:
"After attending one (1) regular meeting as a guest, application for active membership shall be made"***

Background

The club currently has 70 Active members with 6 member prospects. Our goal is to bring on new members who are expected to volunteer for civic projects, participate in Design, Horticulture and Conservation activities, support fundraisers, serve on Hospitality and take an active part on at least one committee. We need to bring on new enthusiastic members to fill these roles and be groomed to succeed outgoing leaders and committee chairs, when needed.

This By-Law change was passed by the Executive Board on January 11, 2022 by a vote of 13 to 7. The proposal to amend this By-Law requires an affirmative vote by the membership before acceptance.

-Deborah Benassi, Membership Co-Chair

Member Education Grant.

Thank you to all who participated in the silent auction for Sandy Greene's beautiful painting "Pink". The lucky bidder chosen at our December luncheon was Susan O'Leary! Thank you, Susie, for supporting our club's mission! Thank you, Sandy, for sharing your talent in support of The Garden Club of Hyannis!

Our fund has grown and is in great position to support our members in their pursuit of knowledge related to our shared interests. Coming soon: Garden School, Ap 7-9 via Zoom. Flower Show School Ap 12-14 in Milford in person. Environment School, Feb 24-25, Ft Myers. Please see GCFM.org, and NGC.org for more information.

Happy New Year of Sharing and Learning!
--Gail Hubacker

Member Education Grant Opportunities/Cheryl Baer

Gardening Study School Virtual
April 7-9 Deadline March 29
Course 4 Series 2

Flower Show School Course II
April 12-14 In Person
Milford MA
Deadline March 29th

Please take a moment to visit the GCFM website for more detailed description of the above courses. Note you are now able to take courses out of order. Respond to me if you have any questions or would like to attend one of these courses! Remember we will reimburse:)

CONSERVATION – Sally Churchill and Nancy Beless

This is a good time to plan on adding a few native pollinators to your garden. ***See the following list of good pollinators for our region.*** Have fun planning a pollinator garden and remember we still are part of the GCFM native challenge! Thanks to all who have sent in pics for our Club Challenge. We will need everyone's help going forward with this project. Thanks.

We welcome a new member of the Conservation Committee.
Barbara Davidson 617-590-0327
11 Crosby Street
South Yarmouth
bdavidsony@gmail.com

HOSPITALITY

In looking back at New Years resolutions I saw the limited social interactions created by Covid these past two years as an opportunity, a gift of extra time for me to get things done. But as New Year's resolutions go, I've learned to remove "should" from my list and be grateful for whatever I accomplish.

I always want to learn something new and I think the recipe from Aruna Joglekar is definitely on my "to do and try" list.....a non meat new recipe that checks off two of my resolutions! Thank you, Aruna, for sharing your delicious Baked Spaghetti Squash recipe with our members.

Hospitality wishes you all a year filled with possibilities.
Frances Hoothay and Terri Goldstein

Cheesy Baked Spaghetti Squash with Marinara Sauce

- 2 medium spaghetti squash (about 2-1/2 pounds each)
- 1 tablespoon extra-virgin olive oil
- Salt
- Freshly ground black pepper
- 1-3/4 cups jarred marinara sauce, best quality such as Rao's or Victoria
- 2 teaspoons chopped fresh thyme, plus more for serving (or 3/4 teaspoon dried)
- 1-1/2 cups shredded whole milk mozzarella cheese
- 3 tablespoons finely grated Parmigiano-Reggiano
- 1-1/2 tablespoons unsalted butter, melted
- 3/4 cup panko bread crumbs

Instructions

1. Preheat the oven to 400°F. Line a baking sheet with heavy-duty aluminum foil.
2. Cut each squash in half and scrape out seeds and discard them.
3. Drizzle squash with the oil and sprinkle evenly with 1 teaspoon salt and 1/2 teaspoon pepper. Place squash halves on prepared baking sheet so they are cut-side-down. Roast for 40 to 50 minutes, or until the squash is golden brown underneath and tender when pierced with a fork. Once cool enough to handle. Use a fork to scrape out and fluff the strands.
4. Increase the oven temperature to 425°F.
5. Place the strands in a large bowl. Add marinara sauce, 3/4 teaspoon salt, 1/4 teaspoon pepper, and thyme and toss gently until the squash is evenly coated. Adjust seasoning as necessary. Transfer the mixture to an ungreased 9 x 13-inch baking dish. Sprinkle the mozzarella cheese evenly over top, followed by the Parmigiano-Reggiano.
6. In a small bowl, combine the melted butter with the panko, and mix until the panko is evenly coated. Sprinkle the panko mixture evenly over the cheese. Bake for 25 to 30 minutes, or until the top is golden. Let cool for a few minutes, then sprinkle with more fresh thyme and serve.

MEMBERSHIP ENGAGEMENT – Deborah Benassi and Cathy Roach

Yearbooks will be mailed out to anyone who wasn't present at our past few meetings. Please watch for it in your mailbox soon.

Please welcome our new members: Sharon Robb, Kathleen Looney and Sharon Cornelius were volunteers at the Showcase and looking forward to getting involved.

Susan Robb recently moved to the Cape full time after a career in finance and learned of the garden club from neighbors and friends. She volunteered at the Showcase and is enthusiastic to learn of environmental and conservational concerns and work with the club on civic projects. She has interest in the Civic Beautification, Conservation, Hospitality committees. Please add her contact information to your Yearbook:

Kathleen Looney is a retired English teacher and was a Library Trustee in Rockland before moving to Centerville. She is an avid flower gardener and was a flower vendor for 25 years selling cut flower bouquets and plants at various south shore Farmers Markets. She is interested in the Civic Beautification, Design, Garden Therapy and Horticulture Committee activities.

Sharon Cornelius is a retired Research Assistant at Boston University and currently has homes in Franklin and Hyannis. Sharon is interested in the Hospitality and Projects Committees and open to helping out wherever needed!

Please add their contact information to your Yearbook:

Kathleen Looney
looneytunes382@comcast.net
382 Prince Hinckley Rd.
Centerville, MA 02632
Tel: 508-419-1638

Sharon Cornelius
sharoncornelius@gmail.com
272 Craigville Beach Rd., #19
Hyannis, MA 02601
Tel: 774-232-3647

Susan Robb
smkrobb@comcast.net
7 Akin Rd.
South Yarmouth, MA 02664
508-498-0240



Native plant "thriving in Winter".--- Red twig
Dogwood *Cornus sericea*



The 2021 Holiday Showcase and Beyond

You can review the final Showcase numbers which are now posted on our website, members page. We will also have a quick summary of the results at the January meeting.

And the numbers illustrate that the 2021 Showcase was a smashing success! Both the number of ticket sales and number of attendees was increased by 20% over previous showcases. Net profit increased 10% over the 2017 Showcase and more than doubled over our first Showcase in 2008! The tri annual showcase continues to be a major fundraiser for our Club and an event to attend for the public.

The presidents in conjunction with the vice presidents, ways and means and managing 2021 showcase chairs are preparing a survey that will be emailed to you in the next couple of weeks. Please take the time to fill out the survey which is the basis of the February general meeting discussion. After this discussion and in compliance with the club's Standing Rules, the members will then vote whether to follow the tradition of hosting another showcase in 2024. Be sure to attend the February zoom meeting as your opinion counts and your vote will make this important decision.

Again, we want to thank all our members who made 2021 Showcase an amazing success.

Kathie, Gail and Debby

And...Some comments from the public:

***“Wonderful Event! Thank you!!!”, “Beautiful Christmas Show. So Much Creativity”.
“Gorgeous rooms and great boutique”, “Excellent crafts and help
buying crafts. Also wonderfully decorated rooms”, “Loved being able to use my charge
at the Boutique, wonderful variety of merchandise and service by knowledgeable clerks.
Great day at the Cultural Center.”***

HORTICULTURE/Nancy Walsh, Margot Churchill

Master Gardeners of Cape Cod is offering several in person and Zoom classes this next term. You may read all about these at Capecodextension.org.

A Zoom class on March 12th from 10:00-12:00 might be of interest to many of you. It is titled Eat Your Yard: Edible Landscapes for Health, Habitat, Families, and the Future. There are also 2 Backyard Horticulture Courses offered. Check these out if you are interested.

Seed catalogues are beginning to arrive. Order your seeds and experiment with some different varieties this year.

For January's meeting program, Horticulture had originally planned to collect your favorite vegetable soup recipes. Since we are meeting via Zoom instead, the Horticulture Committee wanted to share two of their favorite soup recipes.

MINESTRONE SOUP by Marilyn Sharry

1 Tbsp olive oil
1 onion coarsely chopped
3 carrots chopped
3 celery stalks chopped
2 potatoes peeled and cut into cubes
6 cups broth (veg-chicken)
1 can diced tomatoes
1 can cannellini beans (rinsed and drained)
1 can cut green beans
Handful of Spinach/Kale
1 cup elbow macaroni
1/2 tsp salt
1/2 tsp Oregano
1/2 tsp Rosemary
1/8 tsp ground black pepper

Cook onion, carrots, and potatoes in heated oil for 5-7 mins
Add broth, tomatoes, cannellini beans, green beans, spinach, Spices And Pasta
Heat for 7 minutes.

Top with Grated Parmesan cheese. Enjoy with crusty bread

LEFTOVER ROTISSERIE CHICKEN SOUP OR STEW – Nancy Walsh

Cut up celery, carrots and a big onion and place in a large pot.
Add olive oil and saute for four minutes.
Add a large jar of mushrooms including its liquid.
Add four different colored vegetables (fresh or frozen) and sautee four more minutes.
Add one large box of chicken broth.
Add chicken and bones and cook an additional four minutes.
Add salt, pepper, and herbs, or any spices you love.
Remove chicken and bones and cut up and put meat back in pot.
Shut off heat.

If you wish to thicken the soup, add a few pieces of broken angel hair pasta.
Stir without adding additional heat. The hot. Broth will cook the dish. (soup will remain crunchy not mushy.)
Serve with sour cream, shredded cheese, and warm bread.

DESIGN/Nancy Costa

Botanical Arts/ Artistic Crafts for a Holiday Table was a huge success in December. Thank you to the ten designers who made **Pine Cone Pudding decorations/centerpieces** for the Holiday Luncheon:

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- Janet Fournier
- Fran Spadea
- Susan O'Leary
- Fran Hoothay
- Ann Marie Carlson
- Kitty Lorenz
- Cheryl Baer
- Nancy Costa
- Sally Cameron
- Sandy Greene







Floral Design 101 - geared toward beginners, novices and new Club members. If you wish to sharpen your design skills, you are encouraged to join the fun and learning at workshops. Same location as our Club Meetings: W. Barnstable Community Center; 9:00 set-up; 9:30 discussion; end 10:45. Contact Nancy Costa with any questions.

Upcoming 101 Workshops:

- March 14, 9:00 a.m. UNDERWATER DESIGN (combined 101 & 201)
- May 9, 9:00 a.m.

Floral Design 201 - geared toward intermediate and advanced designers. The Jan. 17 workshop was postponed due to the surge in the Virus. Stay tuned for a rescheduled, in-person, spring date.

Upcoming 201 Workshops:

- March 14, 9:00 a.m. UNDERWATER DESIGN (combined 101 & 201)

See Nancy Costa for the “Floral Design Techniques” Handout, from *Handbook for Flower Shows*.



Pollinator Pathway Cape Cod

New England Native Plants for Pollinators

Pollinators need continuous bloom. This list is broken down by spring (April – June); summer (July – August); and fall (September – November). Bloom time can vary depending on your Cape Zone 6- 7a and the microclimate of your garden.

Perennials – Herbaceous Spring Blooming

<i>Aquilegia canadensis</i>	Eastern red columbine
<i>Baptisia australis</i>	Blue false indigo
<i>Caltha palustris</i>	Marsh marigold
<i>Coreopsis lanceolata</i>	Lanceleaf coreopsis
<i>Dicentra eximia</i>	Wild bleeding heart
<i>Geranium maculatum</i>	Cranesbill / wild geranium
<i>Iris cristata</i>	Dwarf iris
<i>Lupinus perennis</i>	Wild lupine
<i>Penstemon digitalis</i>	Beardtongue
<i>Phlox paniculata</i>	Garden phlox
<i>Polygonatum biflorum</i>	King Solomon's seal
<i>Tiarella cordifolia</i>	Foamflower
<i>Viola pedata</i>	Bird-foot violet

Perennials – Herbaceous Summer Blooming

<i>Achillea millefolium</i>	Yarrow
<i>Actaea racemosa</i>	Bugbane
<i>Asclepias syriaca</i>	Common milkweed
<i>Asclepias tuberosa</i>	Butterfly milkweed
<i>Asclepias verticillata</i>	Whorled milkweed
<i>Asclepias incarnata</i>	Rose milkweed
<i>Chelone lyonii</i>	Pink turtlehead
<i>Coreopsis verticillata</i>	Threadleaf coreopsis
<i>Eutrochium dubium</i>	Joe Pye weed
<i>Helianthus annuus</i>	Common sunflower
<i>Heliopsis helianthoides</i>	Oxeye sunflower
<i>Heuchera americana</i>	Common alum root / coral bells
<i>Hibiscus moscheutos</i>	Swamp rose mallow /marsh hibiscus
<i>Liatris spicata</i>	Dense blazing star
<i>Lobelia cardinalis</i>	Cardinal flower
<i>Monarda fistulosa</i>	Wild bergamot
<i>Monarda punctata</i>	Spotted bee balm
<i>Oenothera biennis</i>	Common primrose
<i>Oenothera fruticosa</i>	Evening primrose
<i>Pycnanthemum muticum</i>	Mountain mint
<i>Rosa carolina</i>	Carolina Rose

Pollinator Pathway Cape Cod

Perennials – Herbaceous Summer Blooming continued...

<i>Rosa virginiana</i>	Virginia Rose
<i>Rudbeckia hirta</i>	Black-eyed Susan
<i>Veronicastrum virginicum</i>	Culver's root

Perennials – Herbaceous Fall Blooming

<i>Chelone glabra</i>	White turtlehead
<i>Helenium autumnale</i>	Common sneezeweed
<i>Monarda punctata</i>	Spotted bee balm
<i>Physostegia virginiana</i>	False dragon's head / obedient plant
<i>Solidago sempervirens</i>	Seaside goldenrod
<i>Solidago caesia</i>	Bluestem goldenrod
<i>Solidago odoro</i>	Anise-scented goldenrod
<i>Symphotrichum ericoides</i>	White heath aster
<i>Symphotrichum novae-angliae</i>	New England aster
<i>Symphotrichum oblongifolium</i>	Aromatic aster
<i>Vernonia noveboracensis</i>	New York ironweed

Vines

<i>Parthenocissus quinquefolia</i>	Virginia creeper
<i>Lonicera sempervirens</i>	Trumpet honeysuckle
<i>Clematis virginiana</i> L.	Virgin's bower

Grass or Grass-like

<i>Andropogon gerardii</i>	Big bluestem
<i>Carex pensylvanica</i>	Pennsylvania sedge
<i>Deschampsia flexuosa</i>	Wavy hairgrass
<i>Eragrostis spectabilis</i>	Purple lovegrass
<i>Festuca rubra</i>	Red fescue
<i>Panicum virgatum</i>	Switchgrass
<i>Schizachyrium scoparium</i>	Little bluestem
<i>Sorghastrum nutans</i>	Indiangrass
<i>Sporobolus heterolepis</i>	Prairie dropseed

Woody Shrubs

* Denotes native to another region

** Cultivars can be sterile and have no value for pollinators. Example: Annabelle

<i>Amelanchier canadensis</i>	Shadbush / serviceberry
<i>Arctostaphylos uva-ursi</i>	Bearberry
<i>Aronia arbutifolia</i>	Red chokeberry
<i>Aronia melanocarpa</i>	Black chokeberry
<i>Baccharis halimifolia</i>	Groundsel bush

Pollinator Pathway Cape Cod

Woody Shrubs continued...

* Denotes native to another region

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<i>Ceanothus americanus</i>	New Jersey tea
<i>Cephalanthus occidentalis</i>	Buttonbush
<i>Chamaedaphne calyculata</i>	Leatherleaf
<i>Clethra alnifolia</i>	Sweet pepperbush
<i>Comptonia peregrina</i>	Sweetfern
<i>Gaylussacia baccata</i>	Black huckleberry
<i>Hamamelis virginiana</i>	Witch hazel
<i>Hydrangea arborescens</i>	Smooth hydrangea – straight species **
<i>Hydrangea quercifolia</i>	Oakleaf Hydrangea *
<i>Hypericum prolificum</i>	Shrubby St. John's wort
<i>Ilex glabra</i>	Inkberry
<i>Ilex verticillata</i>	Winterberry
<i>Itea virginica</i>	Sweetspire
<i>Iva frutescens</i>	Marsh elder
<i>Kalmia angustifolia</i>	Sheep laurel
<i>Kalmia latifolia</i>	Mountain laurel
<i>Leucothoe fontanesiana</i>	Drooping leucothoe
<i>Lindera benzoin</i>	Spicebush
<i>Myrica pensylvanica</i>	Bayberry
<i>Physocarpus opulifolius</i>	Eastern ninebark
<i>Prunus maritima</i>	Beach plum
<i>Rhododendron periclymenoides</i>	Pinxterbloom azalea
<i>Rhododendron arborescens</i>	Sweet azalea
<i>Rhododendron maximum</i>	Rosebay rhododendron
<i>Rhododendron vaseyi</i>	Pinkshell azalea
<i>Rhododendron viscosum</i>	Swamp azalea
<i>Rhus aromatica</i>	Fragrant sumac
<i>Rhus copallina</i>	Shining sumac
<i>Rhus glabra</i>	Smooth sumac
<i>Rhus typhina/Rhus hirta</i>	Staghorn sumac
<i>Salix discolor</i>	Pussy willow
<i>Sambucus canadensis</i>	Elderberry
<i>Spiraea latifolia</i>	Broadleaf meadowsweet
<i>Spiraea tomentosa</i>	Steeplebush
<i>Swida (Cornus) amomum</i>	Silky dogwood
<i>Swida (Cornus) racemosa</i>	Grey dogwood
<i>Vaccinium corymbosum</i>	Highbush blueberry
<i>Viburnum acerifolium</i>	Mapleleaf viburnum
<i>Viburnum alnifolium</i>	Hobblebush
<i>Viburnum cassinoides</i>	Northern wild raisin
<i>Viburnum dentatum</i>	Arrowwood
<i>Viburnum lentago</i>	Nannyberry
<i>Viburnum prunifolium</i>	Blackhaw viburnum
<i>Viburnum trilobum</i>	Highbush cranberry

Pollinator Pathway Cape Cod

Native Trees

With pollinator value for pollen & nectar and/or serve as a host plant

*denotes native to another region

<i>Acer rubrum</i>	Red maple
<i>Betula alleghaniensis</i>	Yellow birch
<i>Betula nigra</i>	River birch
<i>Carpinus caroliniana</i>	American hornbeam
<i>Cercis canadensis</i> *	Eastern Redbud
<i>Chionanthus virginicus</i>	Fringetree
<i>Cornus alternifolia</i>	Alternatelyleaf dogwood
<i>Fagus grandifolia</i>	American beech
<i>Fraxinus americana</i>	White ash
<i>Fraxinus pennsylvanica</i>	Green ash
<i>Ilex opaca</i>	American holly
<i>Liriodendron tulipifera</i>	Tuliptree / Tulip poplar
<i>Magnolia virginiana</i>	Sweetbay magnolia
<i>Nyssa sylvatica</i>	Tupelo
<i>Prunus serotina</i>	Black cherry
<i>Quercus alba</i>	White oak
<i>Quercus bicolor</i>	Swamp oak
<i>Quercus rubra</i>	Northern red oak
<i>Quercus ilicifolia</i>	Bear oak / scrub oak
<i>Tilia americana</i>	American linden / basswood

Help us build the pollinator pathway for Cape Cod!

**For more information and to register your pollinator garden, visit:
<https://www.pollinator-pathway.org/towns/cape-cod>**

