

The Garden Club of Hyannis Club Clippings



February 2024

President: Linda Kiley

Editor: Elena Ahlin

Upcoming Events

February 22 - 25	NGC Connecticut "Bursting into Spring"
March 9 - 10	Needham "Art in Bloom"
March 13	Winter Market Place, Candle Dressing, Betty Logan's Studio
March 22	Winter Market Place, Felt ornaments and trims, Betty Logan's Studio
April 6 - 7	Norwood and Walpole, "Art in Bloom"
April 17	GCFM Floral Design, Plymouth Public Library
April 26 - 28	Museum of Fine Arts Boston, "Art in Bloom"
June 26	Floral Design Plymouth Public Library

"Winter came down to our home one night, quietly pirouetting in on silvery-toed slippers of snow, and we, we were children once again." ~ Bill Morgan, Jr.

This week's snowfall was a dramatic reminder of the wonders of nature - beautiful ice and snow decorating our plants and trees as they continue to bring us joy even in the cold winter months. They inspire us to check out those seed catalogs and plan for our spring garden updates! This month at our membership meeting, Luke Cardin from the Barnstable Clean Water Coalition will speak to us about the history of the Herring River and its importance in the aquatic ecosystem. We will also be enjoying a wonderful themed lunch celebrating Asian Counties organized by Nancy Wong. Bring your appetite - I am sure it will be wonderful! We will be welcoming two new members this month - Joan Golden and Jean Romano. Mel Morency, our membership chair, will be introducing them to club members. Reminder for the upcoming showcase - Please contact Kathie Schatz or Debby Faulconer if you know someone who would like to become a **showcase sponsor** and they will give you a packet. Also, contact Sue Robb regarding **raffle prizes** for the showcase. Details about the raffle will be discussed at the meeting. Lastly, our container for the **Penny Pines** reforestation project will be on the membership table when you come in. (I think people may be running out of pennies, but dollar bills are also accepted!). All monies collected from our club can be earmarked for reforestation in our area. Looking forward to seeing everyone!

Linda

MEMBERSHIP – Mel Morency

Welcoming New Members!

Please welcome our newest members, Joan Golden and Joan Romano, who we hope to introduce at our February meeting. They are looking forward to participating in our club activities. Joan Golden's mentor is Betty Logan and Joan Roman's mentor is Cheryl Baer.

Please add their contact information to the New Member page (p. 42) in your Yearbook:

*Joan Golden
43 Captain Blount Road
S. Yarmouth, MA 02664
Cell: 860-729-3865
Email: golden.joan@gmail.com*

*Joan Romano
P.O. Box 991
Osterville, MA 02655
Cell: 978-413-6155
Email: romano777@yahoo.com*

*Please also doublecheck that you've added Colleen to the page:
Colleen Teeman
223 Old County Road
E. Sandwich, MA 02357
Cell: 661-645-6665
Email: colleenteeman@gmail.com*

WEBSITE – Nancy Wong

WEBSITE/Members Page - Calendar: Have you been checking the Calendar on the Members page to see what's going on? We will be shifting the "Upcoming Calendar" schedule on the Members page to a monthly calendar format.

Please submit calendar meetings/programs by the first of each month to: Nancy Wong.

HOSPITALITY – Angela and Linda

What a wonderful Polish luncheon we had last month. Thank you Nancy Bailey for suggesting Poland and for showing up dressed as the cute little Polish girl that you are. All kidding aside, the food was delicious, decorations were great and the two floral arrangements were beautiful. I would personally like to thank the following members that were the team that worked so hard to make this a successful event. A big thank you goes out to Nancy Bailey, Deb Faulconer, Joyce Kelleher, Nancy Wong, Lynette Helms, Candi Hurwitz, Linda Zarif, Paula Raczkowski, Donna Growitz. Thank you to Ann Marie and Lynette for their beautiful floral arrangement.


Please come hungry for our February luncheon which Nancy Wong and her team will serve us an array of Asian food. See you then.

OUTINGS COMMITTEE – Nancy Bailey

The Outings Committee wishes to thank Nancy Wong for the wonderful Outing that she organized at Kappy's on February 1. The speaker, Kim Larkin, was very informative and entertaining in her presentation of "A Perfect Pairing Wine Chocolate Cheese." We had a great turnout for this event and wish to thank Kappy's Liquors for their generosity.

Watch for details of the next Outing scheduled for March 28. We will visit a working "Hoop House" farm in Centerville first and then travel to Tree House Brew in Sandwich for pizza and a talk on the environment by Janet Williams from the Climate Collaborative.

THE WINTER MARKET PLACE – Cheryl Baer

**Workshops: March 13th 9:30 Candle dressing
March 22 3:00 felt ornaments
and trims! Coleen Teeman, instructor.
All workshops held at Betty Logan's studio **

Please sign up at meeting or email Cheryl at Cbaer123@gmail.com

**Market Place Needs
House paint of any color in quarts or smaller You may bring to meeting.
Ideas of course are always welcome.**

DESIGN - Nancy Costa

FUNdamentals of Floral Design

Formerly known as “Back to Basics” - It’s Back in a new location!

Come enjoy learning the **basics of floral design** at the **Plymouth Library, Fehlow Meeting Room**

(1st floor), **132 South Street, Plymouth, MA. Demonstrations** by experienced floral designers, who are National Garden Club (NGC) Flower Show Judges.



Instructors teach mechanics of creating a design in an appropriate

container

- Demonstrations emphasize the Principles and Elements of design
- Learn about traditional and creative designs
- Understand what Judges look for in a design and how they award

ribbons

- Gain confidence and insight of how to enter a Flower Show

‘FUNdamentals’ is a series of 3 demonstrations for novices, anyone who wants to recharge skills or pick up tips.

Mark your calendar for all three demonstrations.

Let’s have FUN!

Ginger King 2023

**Location: Plymouth Library, Fehlow Meeting Room (1st Floor)
132 South Street, Plymouth, MA 02360**

- 1) Monday, **October 2, 2023** 10:30 AM – 12:30 PM
- 2) Wednesday, ***April 17, 2024 *2:30 PM – 4:30 PM *Note time change**
- 3) Wednesday, ***June 26, 2024 10:30 AM – 12:30 PM *Check gcfm.org ‘Events’ for confirmation**

Questions? Contact **Co-Chairs:**

Nancy Costa, Garden Club of Hyannis, Norwood Evening GC nancycosta71@gmail.com

Judy Morgan, Wareham Garden Club judjon121@comcast.net

Clip & return registration form below. Include \$60 check for series or \$25 per single class.

Include \$60 check or \$25 per single class, payable to: **GCFM, Inc.**
Clip/return registration & mail to: **Nancy Costa, 130 Knott Ave, Sandwich, MA 02563**

Name

Address

Phone

Email

Garden Club

MORE DESIGN - Nancy Costa

At January 15, **Floral Design 201 Workshop** designers practiced **“Abstracting, a Floral Design Technique.”** Abstracting is changing the natural appearance of plant material by pruning, painting, cutting, weaving, shaping or other manipulation.

- ❖ Designers brought pieces of dried foliage to abstract
- ❖ Committee supplied fresh: aspidistra, sago and tepee palms & lily grass



See Recommended ‘Abstracting’ YouTube videos below.

(Control & Click link or Copy & Paste link into your browser)

1) Aspidistra leaf manipulation (good place to start) **“Leaf Manipulation in Floral Design”**
Mark Frye youtube.com <https://www.youtube.com/watch?v=Cor9WldKkzo> (15 minutes)

2) “How to Bend, Braid and Manipulate Foliage in a Flower Arrangement,” Angelyn
Tipton youtube.com <https://www.youtube.com/watch?v=CvZcMMgaUPg> (21 minutes)

3) “Aspidistra Artistry” Hitomi Gilliam Hitomi is a renowned rock star of creativity!
<https://www.youtube.com/watch?v=uUN-mYURMUC>

Abstracted dried and fresh materials



Upcoming Flower Show, Class & Events

NGC Flower Show

- ❖ **Connecticut - Feb. 22-25, 2024** “Bursting into Spring” @ CT Convention Center, Hartford. 42nd Annual CT Flower & Garden Show. www.ctgardenclubs.org

Garden Clubs Fed. of MA (GCFM) – Floral Demonstration

- ❖ **“FUNDamentals of Floral Design”** April 17, 2024, Plymouth Library, Plymouth
***2:30 – 4:30 p.m. Note time change** www.gcfm.org - Flyer on ‘Upcoming Events’
[page](#)
Pre-registration requested, \$25 per single class

Events

- ❖ **“Needham Art in Bloom”** Needham Public Library, **March 9 -10, 2024**
Beth Shalom Garden Club Garden Club, free admission
www.needhamartinbloom.com
- ❖ **“Norwood & Walpole Art in Bloom”** Norwood Public Library, **April 6-7, 2024**
Norwood Evening Garden Club, free admission
www.norwoodeveninggardenclub.com
- ❖ **“Art in Bloom”** (MFA) Museum of Fine Arts, Boston, **April 26 - 28, 2024**
www.mfa.org

FROM OUR VICE PRESIDENT – Betty Logan

According to the By-Laws of the club the responsibilities of the VP are to assume the duties of the President if she is unable to serve and to form a committee, conferring with the chairs of Design, Conservation and Horticulture.

So, I have the easiest job in the club! I get a budget and there are so many people who suggest speakers it's hard to pick which ones to go with!

That being said, the nominating committee would like to have in place by June, a person who can learn the ropes with me next year and become VP in the fall of 2025. If you have any questions or would like to sit in when we do have our program meetings, please feel free to let me know so you can be included. The club is only successful when we all pull together and participate.

Thank you.

SHOWCASE - Sally Cameron

It' beginning to look like....Showcase!

The elves are at work designing beautiful vignettes interpreting our theme, creating lovely items for sale, and thinking through the administration of raffles, tickets, logistics, and publicity to stage our triennial celebration of the holidays in November. **Are you looking for a spot to serve?** We are looking for a volunteer coordinator to staff the activities during the show.

Also still needed:

- Sponsors! Do you know a business or service that would appeal to our audience and benefit from the free publicity of sponsoring our Showcase? Contact Deb Falconer or Kathie Schatz to make sure no one else is approaching them.
- Raffle prizes! We're looking for high-end prizes that will encourage people to buy tickets and take their chances. A popular item is experiences -- such as gym memberships, subscriptions, CSAs -- experiences you value! Might you approach your gym etc. to offer a year's membership? Contact Sue Robb with your ideas.

Next Showcase meeting: Monday, February 26, 1-3 pm, Cultural Center of Cape Cod. All are invited. Please make sure a member of each room, plus a representative from each committee attends or sends a progress report.

Thanks for all you're doing to make the Showcase a success!
Sally, Diane, and Linda

Facebook request -- If you take photos at a GCH event, please be sure you have permission from those in the photo to share them on your own pages or on other public pages. Some people don't want their images shared on FB pages with which they have no affiliation. Thanks for your consideration.

CONSERVATION- Marsha Rehkamp and Susan Robb

Water is one of the largest attractions and biggest problems on Cape Cod. Nitrogen, much of it from septic systems, is polluting our waterways. But, there are things that we as individuals can do to help conserve the quantity and improve the quality of our single source aquifer:

◦

Don't dump hazardous substances down the drain. Household chemicals, paints, thinners, solvents, pharmaceuticals, and other hazardous materials can leach into groundwater and drinking water supplies. Properly dispose of hazardous waste during designated collection days at local transfer stations.

◦

Work to achieve zero stormwater runoff from your property. Direct roof runoff from downspouts away from paved areas. Install rain gardens to capture stormwater, and rain barrels to collect water. Maximize permeable areas and native plantings that help absorb stormwater and prevent water runoff to roads.

◦

Eliminate the use of fertilizers and pesticides. Reduce, or better yet, eliminate turf grass lawns.

◦

Conserve water usage inside and outside your house or business. For example, avoid watering the lawn during summertime drought conditions. Plant drought tolerant native species and reduce your need for irrigation.

◦

If using a private well, conduct regular testing, including testing for contaminants of emerging concern that are more likely to occur in the region.

◦

Maintain your on-site septic system properly by having it pumped regularly—every three years is recommended. Consider an advanced wastewater treatment system to treat nutrients.

For more in-depth information you can use the link below.

<https://capecodwaters.org/homeowners/>

Sourced from the Association to Preserve Cape Cod



HORTICULTURE - Barbara Davidson and Marsha Rehkamp

As the cold winter sets in one of my favorite things to do while sitting at the kitchen table with a hot cup of tea is to flip through the new seed catalogs and to dream of all the new plants that I can add to my Spring garden. There are a number of great seed catalogs and information on planting seeds that you can learn. I have included some of my favorite seed catalogs and where to get information on planting and caring for seeds. One advantage of joining the garden club is all the interesting things you can learn. I joined the horticulture committee and was assigned seeds to gather information on and would like to share what I learned with my fellow garden club members.

Most of the seed catalogues are not out yet. I did get one but most are now online. I will start with native seed catalogs. Here are two great resources of native seeds. With the National Wildlife Plant Finder (www.nwf.org) you can type in your zip code and get native plant recommendations. Most of the plants have photos that pop up. Results are ranked by the number of butterfly and moth species as a host plant for caterpillars. Other resources are available from regional or state specific organizations. For example, Massachusetts has the Massachusetts Native Plant Society's Calascape (<https://calascape.org/>).

There are other resources for native plants such as Seed Libraries. (www.communityseednetwork.org) The seed network site makes available for free all sorts of information about seed saving and establishing community seed programs for seed saving and sharing with the community. Here are some other seed catalogues available online that are recommended. 1. Guerneys 2. Johnny's seed catalogue 3. Park Seed 4. Heirloom Seeds 5. Eden Brothers 6. Etsy (on this site you have to deal with individuals).

There are several YouTube videos on planting seeds. These ones seem helpful 1. Seed starting 101 2. The complete guide to start a container garden from seed 3. Sowing seeds how to start vegetable seeds.

There are some things to look at when buying seeds 1. Make sure the retailer is selling seeds that were packaged in the same year as fresh seed has a higher rate of germination. Seeds can be stored for one year without detriment to germination rate. Older seeds have decreased germination rate, although some seeds such as beans can be stored for up to ten years. 2. Delivery time is important 3. Return policies 3. Customer service options

Native seeds and plants have become popular, but many find that growing these natives from seed is difficult. Following some basic rules in planting these seeds are necessary. There are some differences in growing native seeds (natives need cold storage and moisture before planting so fall planting makes more sense rather than spring) Also depth and timing of planting as planting too shallow the plant will dry out. Plant too deep and it won't germinate. The general rule in planting seeds is to plant at a depth that is twice their diameter. exp. one half inch wide seed is planted at one inch depth. Follow the directions on the packet for recommended spacing.

GARDEN THERAPY – Kathy Clay

Help brighten up a senior's day by helping them arrange a beautiful bouquet!

Where: Senior Center- 825 Falmouth Rd, Hyannis

When: 4th Tuesday of the month from 10am-noon

Supplies to bring: Garden Clippers or Scissors

If anyone has questions, they can reach out to me at kathyclay47@gmail.com

Thank you!



Meet . . . Dolores Ahern

Dolores Ahern is a 1964 UMASS graduate and is a Nationally Accredited Flower Show Judge (Emeritus) who has lived on the Cape since 1981. She joined The Garden Club of Hyannis soon after moving here. Coming from the Boston suburbs with her husband, they enjoyed raising their two children, Katie and Kevin, on the Cape. Now a widow, Dolores has 6 beautiful granddaughters, with whom she shares her interests in knitting, reading, and jigsaw puzzles. She stays fit by walking with her dogs, Maggie and Beanie, keeping her good company.

Dolores has been a Club member for over 30 years. She often conducts floral design workshops at her home, and actively supports the Club's horticulture and conservation programs. At 80 years old, Dolores is still going strong and recently joined three of her girls to get her first tattoo. When you meet her, be sure to ask her about it!



Meet . . . Nancy Costa

Nancy Costa chairs The GCH's Floral Design Committee, bringing to her role an impressive resume of accomplishments in gardening and flower arranging. Nancy has been active in the Norwood Garden Club and was its President from 2016 - 2018. She is a Garden Club Federation of MA (GCFM) Board Member and Co-chairs its "Fundamentals of Floral Design Class." Floral design is her passion and she has earned the rank of Show Judge for the National Garden Club (NGC). Nancy continues to study floral design via NGC Schools "that promote the love of gardening, floral design and civic and environmental responsibility." (www.gardenclub.org) and Ikebana, Sogetsu School, earning the rank of Teacher - 4th Yonkyu Shihan.

As a retired English teacher, with training from Bridgewater State University, Simmons University and UMass Boston, she enjoys teaching and aims to share her skills in design with club members, particularly novices and beginners. Nancy offers Design 101 & 102 Workshops and encourages members of all levels to attend and join the fun. Her newest class is "Welcoming New Members - Design Workshop" coming up in June 2024.

Now a resident of Sandwich, Nancy raised 2 Eagle Scouts with her husband Joe and is the proud grandmother of 2 little girls. When you meet her, be sure to ask about the club's plan for the Standard Flower Show in 2025.

